

Introducing **Free** New Community Program

"Walk This Way to Better Health"

Community Walking Club...



Sponsored by...

**East Allen Township Parks & Recreation
At Bicentennial Park (West)**

Starting – April 7th, 2020

Tuesday's & Thursday Morning's - 9:00 AM to 10:00 AM

For All...

**Beginners/Mall Walkers/Seniors/Singles or Couples
Co-workers/Neighborhood Newcomers/People
with certain conditions, such as heart disease or diabetes**

***Interested candidates please contact
Chuck Frantz (Parks Director) @ 610-262-7961 x306
To be put on the Walking Club List...***